

2018 International Conference on Active Living and Health

Organised by Active Living Lab (ALL), Multi-disciplinary Research Centre (MRC), School of Continuing Education (SCE)

Co-organisers from HKBU



Supporting unit from HKBU



Date : 24-25 November 2018

Time : 8:45am to 5:40pm

Venue: Shek Mun Campus, Hong Kong Baptist University, Hong Kong

The Multi-disciplinary Research Centre (MRC) was established by the School of Continuing Education (SCE), Hong Kong Baptist University in January 2016. MRC serves as a centralised platform for academics, researchers and students to conduct research / multi-disciplinary research activities.

Active living is a way of life in which people integrate the physical activity into their daily routines, such as cycling or walking. It is evident that active living can bring about many health-related benefits for people. The Active Living Lab (ALL), as one of the labs of MRC serves as a research laboratory for faculty and students to engage in educational and research activities related to active living and health.

2018 International Conference on Active Living and Health aims to enhance the academic research capacity of faculty and students in the active living promotion. There are two sub-themes in the conference including 1) Physical Activity and Health, and 2) Healthy Living for Special Populations.

The conference programme will include keynote speakers sessions, workshop, oral and poster presentations.

Invited Keynote Speakers

Prof. Julien S. Baker - Director of Research, University of the West of Scotland, U.K.

Dr. Jason A. Bennie - Senior Research Fellow, University of Southern Queensland, Australia

Prof. Sebastien Chastin - Professor, Glasgow Caledonian University, U.K. and Ghent University, Belgium

Prof. Bik Chu Chow - Head and Professor, Hong Kong Baptist University, Hong Kong

Prof. Sonia Lippke - Head of Health Psychology & Behavioral Medicine Unit, Jacobs University Bremen, Germany

Prof. Thomas L. McKenzie - Professor Emeritus, San Diego State University, U.S.

Prof. Cecilie Thøgersen-Ntoumani - Research Professor, Curtin University, Australia

Dr. Allison Wong - National Director, Special Olympics Hong Kong & Executive Director, Hong Kong Sports Association for Persons with Intellectual Disability, Hong Kong

Invited Workshop Speakers

Prof. Gladys Shuk Fong Li - Professor, National Chung Cheng University, Taiwan

Prof. Hsiu-Hua Wang - Professor, National Chung Cheng University, Taiwan

2018 International Conference on Active Living and Health is supported by the grant from Research Grants Council (RGC) of HKSAR Government (Project Reference: UGC/IDS23/15)

For Seat Reservation

If you are interested to participate in this conference, please kindly send your name, affiliation, contact details (phone number and email) to sindylml@hkbu.edu.hk or scan the QR code (https://hkbu.hk.qualtrics.com/jfe/form/SV_6yF9OMiNbk5oyEJ) to reserve your seat. If you have any enquiries, please feel free to contact Dr. Sindy Lau (+852 34113217 or sindylml@hkbu.edu.hk) for further information.

